



# Atlantic Canadian Gymnastics Championships

April 23-25, 2026

## SCHEDULE



**Note:** Awards will be presented directly following each competition in our Awards Plaza.

### Thursday, April 23

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10:15 am	<b>Opening Ceremonies</b>
	<b>WAG CCP 4, Argo &amp; Tyro</b>
11:00 am	General Warm Up
11:25 am	Competition
	<b>WAG CCP 6, Argo &amp; Tyro; CCP 7, Argo &amp; Tyro</b>
2:30 pm	General Warm Up
2:55 pm	Competition
	<b>WAG CCP 5, Argo, Tyro, Novice; CCP 4, Novice &amp; Open</b>
6:00 pm	General Warm Up
6:25 pm	Competition

### Friday, April 24

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	<b>WAG CCP Level 7, Novice &amp; Open</b>
8:00 am	General Warm Up
8:25 am	Competition
	<b>WAG Xcel Platinum, Open; Xcel Diamond, Novice &amp; Open</b>
	<b>MAG, Level 1 U11</b>
11:00 am	General Warm Up
11:25 am	Competition
	<b>WAG Xcel Platinum, Argo, Tyro &amp; Novice</b>
	<b>MAG, Level 1 U13 &amp; 13+</b>
2:30 pm	General Warm Up
2:55 pm	Competition
	<b>WAG CCP 8, Novice &amp; Open; CCP 9; CCP 10</b>
	<b>MAG Level 3 U14, 14+; Level 4 14+; Level 5;</b>
	<b>National Open; National Novice</b>
6:00 pm	General Warm Up
6:25 pm	Competition

**Saturday, April 25**

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**WAG CCP 6, Novice & Open;  
MAG Level 2 U11, U13, 13+**  
8:00 am General Warm Up  
8:25 am Competition

**WAG Xcel Gold, Novice & Open**  
11:00 am General Warm Up  
11:25 am Competition

**WAG Xcel Gold, Argo & Tyro**  
2:00 pm General Warm Up  
2:25 pm Competition